

# EarthSave NEWS

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EarthSave promotes a shift toward a healthy plant-based diet.

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## Where Are They Now?

**This month we asked several people involved with EarthSave since the early days to tell us what they're doing today. Read on to discover what fascinating things these Original EarthSavers are up to.**

### Stacey Vicari

How little did I know 18 years ago, that a simple bus ride into the downtown "loop" of Chicago would change my life forever. After being challenged by a stranger I will never be able to thank, I read *Diet for a New America*. By page fifty I had made the choice to go vegan. By the end of the book, I saw myself meeting John Robbins and one day running EarthSave. And so it was...

Shortly after reading *Diet for a New America*, I moved to Louisville with great friend, Jim Littlefield-Dalmases. We knew immediately upon arriving to Louisville that this community needed to be graced by the ES message. As it turns out, when we called to inquire about starting an ES chapter, we learned that there would be a retreat in California gathering local chapters from all over the country. I dropped everything and flew out. There, I had the opportunity to meet John Robbins, a person I will always be forever grateful to for having touched my life in such a profound way.

I was on fire when I returned to Louisville. I was so full of passion and energy for this mission that for the next several years I hardly slept. In fact, I hardly did anything besides build EarthSave and help other chapters do the same.

Before long, I had joined the national board as the local chapter representative, became the first paid local Executive Director and later did in fact run EarthSave International.

After many years with EarthSave and a wonderful year and a half sabbatical, I founded my own Life Coaching business, Ideal Life ([www.myideallife.com](http://www.myideallife.com)). Now, I have the privilege of being able to inspire people in a holistic way to make shifts and changes in all parts of their lives, both personal and business. As a phone-based business, I have clients all over the country and have actually worked with many EarthSave people over the last eight years.

And now my volunteer efforts take me to the realm of adolescent girls. I have partnered with the Girl Scouts to bring a message of empowerment, authenticity and self esteem to girls.

Life is joyful and I have so much to be thankful for. I will always remember the early days of *Diet for a New America* and the wonderful years of building EarthSave. So much of my life has been built on that work and has been greatly enhanced by the many friendships I made and still have.



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